



Saltwater Spa 33 °C

A warm welcome to our world of rest and revitalization:

Indoor saltwater pool 33 °C (6 × 14 m) with underwater massage jets, whirlpool (2 × 2 m), outdoor pool with fresh water 26 °C (6 × 12 m), outdoor and indoor sauna, massages.

MASSAGES

Our massages have a calming and relaxing effect on body and soul.

Full body massage	50 min.	CHF 110.-	Leave the daily grind behind and recharge your batteries.
Sport Massage	50 min.	CHF 110.-	Relaxation for body, mind and soul. Muscles are loosened, tension is released, blood circulation and metabolism are stimulated. The sports massage is stronger, adapted to your muscles.
Full Body Peeling	25 min.	CHF 60.-	A peeling with the nutrient-rich extracts gives the skin elasticity and suppleness. The valuable minerals activate the cell balance, restore the skin balance and ensure fine, soft skin.
Soglio Aroma Oil Massage	50 min.	CHF 110.-	In addition to the soothing effect of the massage, the individual scents of the essential oils relax you and you are relieved of any stress.
Back Massage	25 min.	CHF 60.-	Adhesions and tensions in the back muscles are released or loosened.
Hot Stone Massage	50 min. 80 min.	CHF 110.- CHF 160.-	A soothing relaxation massage with warm marble stones. They are placed on the energy points of the body. The subsequent massage with the stones leads to deep relaxation.
Californian Massage	50 min.	CHF 110.-	This form of massage is characterized by gentle touch, flowing movements and deep relaxation. It was developed to release both physical and emotional tension, strengthen the immune system and promote a sense of inner peace and well-being.

Subject to changes





SPA AREA, ARENAS RESORT SCHWEIZERHOF

Opening hours

Bath landscape: 07.00 – 20.00 h*

Sauna: 14.00 – 20.00 h*

*last admission 19.00 h

TARIFFS FOR EXTERNAL GUESTS	ADULTS	CHILDREN (Age 4-16)
Single Admission Summer	CHF 25.-	CHF 22.-
Single Admission Winter	CHF 28.-	CHF 24.-
5-Entry Pass Summer	CHF 115.-	CHF 100.-
5-Entry Pass Winter	CHF 130.-	CHF 110.-
10-Entry Pass Summer	CHF 230.-	CHF 200.-
10-Entry Pass Winter	CHF 260.-	CHF 220.-
Season Pass	CHF 400.-	CHF 320.-

Including

Saltwater spa, outdoor pool, outdoor and indoor sauna, sensory path (summer), bath towel

For external guests

Bathrobe: CHF 10.-, slippers: CHF 2.-

Saltwater spa: not recommended for children under the age of 4, children under the age of 12 always with adult supervision. Prices are subject to change.

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