



Infrastructure
and
activities

Seminar brochure

Seminar rooms with view of the Jungfrau

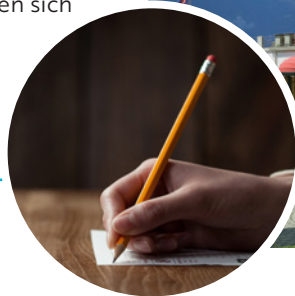
The well-equipped seminar rooms at the Arenas Resort Victoria-Lauberhorn are the perfect space for successful seminars and exciting workshops.

Infrastructure

Our seminar rooms come with the following equipment:

- 1 × moderator's kit
- 1 × flip chart
- 1 × pin board
- 1 × projector and screen
- 1 × writing material (pad and ball-point pen)

Zusätzliche Gruppen- und Seminarräume befinden sich wenige Gehminuten vom Resort entfernt.



From **CHF 95.–** p.p.

Daily flat rate

Spend a day in inspiring surroundings at the foot of the Jungfrau massif.

- Seminar room including technology and group room
- 2-course lunch menu
- Two coffee breaks
- Mineral water in the hall (carbonated and still)
- Writing material (pad/ball pen)
- Wi-Fi
- Access to the wellness area with brine bath 33 °C

From **CHF 180.–** p.p.

Seminar flat rate with overnight stay

from CHF 180.– per person per night, in double room
from CHF 199.– per person per night, in single room

- Fully-equipped seminar room
- Overnight stay and hearty breakfast buffet
- 2-course lunch menu
- Two coffee breaks
- 4-course evening menu of your choice (meat, fish or vegetarian)
- Mineral water in the hall (sparkling and still)
- Writing material (paper/pens)
- Wi-Fi
- Access to the wellness area with saltwater pool 33 °C



From **CHF 55.–** p.p.

... Late check-out up to 16.00

- Seminar room and equipment
- Two-course lunch menu
- One coffee break
- Mineral water in the seminar room (sparkling or still)
- Writing materials (pad and ball-point pen)
- Wifi
- Access to the Wellness Area with 33 °C salt-water spa





Additional services

Price per day in CHF

Additional breakout room including a flip chart, pin board and moderator's kit		50
Flip chart		25
Pin board		25
Moderator's kit		25
Projector		80
Screen		20
DVD player		40
Microphone		60
Podium 2m × 1m × 0.3m (LWH)		30
Speaker's desk		20
Wengen seminar room (external)	whole day	200
Bühlstube seminar room (external)	half day	150
Bühlstube seminar room (external)	whole day	200

Additional seminar and communication equipment can be rented for the above rooms on request.

Summary of the seminar rooms



Room name	Area in m ²	Length × Width	Conzert	Seminar	U-shape	Block
Lauberhorn 1	40	7.70 × 5.20	35	20	18	12
Lauberhorn 2	28	5.20 × 5.20	20	12	–	10
Lauberhorn hall	70	13.00 × 5.20	70	40	30	–
Silberhornblick	29	7.00 × 4.10	30	12	–	20
Jungfraublick (Silberhorn + hall)	87	12.40 × 7.00	120	50	40	–
Wengen seminar room*	–	–	–	–	–	10
Bühlstube seminar room*	–	–	50	30	–	–

* 2 minutes' walk away

**We would be happy
to advise you personally.**

Peter Herzig
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Price changes possible according to the season.

Additional activities for your program/seminar

Enhance your seminar with an excursion to create time and space for new ideas and input. Take advantage of the unparalleled surroundings and the wide array of opportunities that the Jungfrau region has to offer.



Flag waving (organised by Eigervision)

Experience this Swiss tradition in unique surroundings and allow your group to learn the basics of flag waving.

Duration: about 1 hour

From **CHF 25.–** p.p.



James Bond Rally (organised by Eigervision)

Slip into the role of James Bond and prove that you are a "super spy".

- Aston Martin chase
- Shooting skills
- Bomb disposal
- Classic hat throwing in Miss Money Penny's office

Duration: one day

From **CHF 150.–** p.p.



Hiking including a packed lunch

The Jungfrau region boasts a huge choice of hikes. Treat yourself to a break. We will be happy to prepare a packed lunch filled with delicious regional specialities for you.

Wilderswil – Zweilütschinen: Duration about 2.5 hours · View trail **Lauterbrunnen – Mürren – Lauterbrunnen: Duration about 4 hours** · Jungfrau Eiger Walk: **Duration about 1 hour** · Lauberhorn Trail: **Duration: about 3 hours**

Packed lunch **CHF 28.–** p.p.

Yoga

Summon energy and practice yoga with a breathtaking view of the mountains. Your body and soul will be strengthened and relaxed at the same time.

For groups of 10 or more.

Duration: about 1.5 hours

From **CHF 30.–** p.p.





Tour of the Rugenbräu brewery plus aperitif

Escape from the daily grind and enjoy a tour of the sensational brewery in the Bernese Oberland. You will be guided through the production facilities by a member of staff who may reveal a secret or two about the brewery along the way.

Duration: about 2 hours (20 minutes of walking)

From **CHF 20.–** p. p. exkl. transfer

Visit to the Mendelssohn memorial with aperitif

Walk to the memorial dedicated to Felix Mendelssohn. Learn about the story of Felix Mendelssohn and Wengen over a refreshing aperitif.

Duration: about 1.5 hours



From **CHF 25.–** p. p.



Outdoor Fondue

Our outdoor wood-fired fondue is the perfect place for chatting or getting to know one another in a relaxed atmosphere.

Including drinks (reduction if you are paying the seminar fee)

From **CHF 40.–** p. p.



Culinary tour of the village

Learn about gourmet food and craftsmanship in Wengen.

Duration: about 1.5 hours

From **CHF 15.–** p. p.



Torchlight walk with a stop for mulled wine and an outdoor fondue

Finish your evening with a leisurely walk and warm up with mulled wine. We will be happy to be your guide or provide you with a map. The torchlight walk is a popular activity for a supporting programme and can be combined with our outdoor fondue.

Duration: Walk lasting about 1 hour · price per person: CHF 25.– with mulled wine, CHF 65.– with outdoor fondue inc. drinks (reduction if you have booked demi-pension)

From **CHF 25.–** p. p.

We would be happy to cooperate with you in planning a team-building exercise to meet your requirements.

Team Challenge – group fun in the mountains

Welcome to Team Challenge in the mountains! Relaxed team games are twice as much fun in the fresh mountain air of the Bernese Oberland. You can select from a range of different activities. All stages are supervised. The team with the most points is announced at the award ceremony. Price per person ½ day CHF 50.–

Challenge activities

You can select from a range of different games or allow yourself to be fascinated by 4–5 light-hearted Challenge games:

Rocker Game



Each team player has 2 attempts with the rocker to score as many points as possible.

Water treasure game



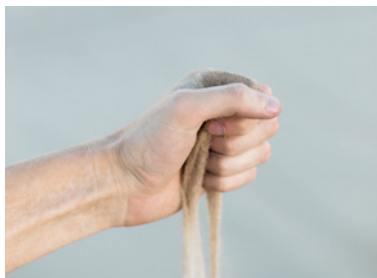
The team has to carry water over a distance as quickly as possible and come to exactly four liters. The water transport will not be easy.

Jungfrau cooking marathon



Which team is the fastest to prepare a meal? ;-), Cream beating, dancing with eggs, cooking alpine patties and where is the Cooking-apprentice who will bring the ingredients?

Sandbag throw



What team is throwing the sandbags closest to the Jungfrau without touching it? The ruler will decide.

The leaning tower



Which team will be able to build the highest tower in Wengen that remains steady for 30 seconds?

of Wengen



Tips for team events:



Overnight accommodation

Single room	CHF 120.– p.p.
Double room	CHF 100.– p.p.



Seminar

Day rate	CHF 95.–
Half-day rate	CHF 55.–



Lunch

2-course lunch menu	CHF 25.–
3-course business lunch	CHF 35.–



Teamevent

Victoria Challenge

Day event (10.00 – 12.00 and 14.00 – 16.00)

CHF 80.– (half day CHF 50.–)

- Logging
- Nail Challenge
- Dice game
- Pencil in a bottle
- Table tennis merry-go-round
- Turning the carpet

The programme can be amended to suit the time available and the group.

Unspoilt nature, about 1.5 hours

CHF 35.–

Learn about the spectacular mountain backdrop and stories of the Lauterbrunnen Valley during the guided walk from Lauterbrunnen to Wengen.

Victoria Soccer Cup, 2–3 hours

- Team Shirt Victoria v. Pasta & More
- Artificial turf in the restaurant
- Pauses for drinks and a snack

Praline course with Raffael, about 2 hours

CHF 75.–



Only in winter:

Curling Cup, incl. show rental and introduction
Half day, CHF 85.–
Whole day, CHF 120.–

Snowshoe hike with "Zwipf",
about 1.5 hours, CHF 25.–

Guided sledging,
incl. sledge rental and "Zwipf"
CHF 30.–



Wellness, 3 hours

CHF 75.–

- Nordic walking excursion followed by yoga and tea
- Lively relaxation in the salt-water pool

Curling Cup, including shoe hire and introduction

Half day	CHF 85.–
Whole day	CHF 120.–

Torchlight walk with stories

on the subject of "selling emotions", about 1 hour
CHF 25.–



Dinner

4-course Resort menu	CHF 45.–
3-course fondue chinoise	CHF 55.–
BBQ (summer)	CHF 75.–
Outdoor fondue (winter)	CHF 65.–